N.J. Hot Tub / Spa Rules

"Caution"

- 1. Pregnant women, elderly persons, those suffering from heart disease, diabetes, high or low blood pressure, or those using prescription medications should not enter this hot tub or spa without prior medical consultation and permission from their doctor.
- 2. Unsupervised use by children under 16 years of age is prohibited. *Ritz House Pool Rules supercede this requirement by requiring anyone using the Spa to be 18 years of age or older.
- 3. Do not use this hot tub or spa while under the influence of alcohol, anticoagulants, antihistamines, vasoconstrictors, vasodilators, stimulants, hypnotics, narcotics, or tranquilizers.
- 4. Do not use this hot tub or spa while alone.
- 5. Shower before entering this hot tub or spa.
- 6. There shall be a 15 minute time limit on time spent in the hot tub or spa. Long continuous exposures may result in nausea, dizziness, or fainting.